

## This week from Autumn Hills...!

This week's share includes a few peaches plus:

### Cortland



After the many attributes of McIntosh were discovered, plant breeders began crossing it with other varieties to enhance its traits. One of the earliest was the Cortland, combined with the Ben Davis variety. Its flavor is sweet compared to McIntosh, and it has a flush of crimson against a pale yellow background sprinkled with short, dark red stripes and gray-green dots. Cortland has very white flesh and is an excellent dessert apple. This all purpose apple was developed at the New York State Agricultural Experiment Station in Geneva, New York, USA in 1898. The apple was named after nearby Cortland County, New York.

### Cox' Orange Pippin



Cox' Orange Pippin originated in England in the 19th century as a chance seedling, and has inspired apple lovers ever since. Cox' Orange Pippins are a European favorite and possess a rich and complex flavor. Cox' Orange Pippin are known to be difficult to grow -- especially in North America. We ignored the literature and went ahead and planted -- with surprisingly good results! Our COPs have a loyal following with many people calling and inquiring by email when they'll be ready. They are considered by Europeans as the ultimate "dessert" apple y-- one you would eat out of hand vs. using in a recipe or crushing for cider. Enjoy the COP -- VERY hard to find locally grown!



The Italian plum (this variety is Santa Rosa) has purple skin with yellow-greenish flesh that turns red wine color when cooked. They also carry a pale "bloom" which develops as they mature on the tree. The fruit has a rich flavor and is very sweet when fully ripe.

These little plums are great in a tart, or used for jam. We look forward every year to baking the classic Plum Torte published for years in the NY Times. (Go back to the CSA page and you'll see it posted there.) This recipe is easy using just a few ingredients. This torte is great out of the oven or the next morning with your coffee!